

Global Beats

STUDY PROGRAMS INTERNATIONAL 866-502-7505 info@spiAbroad.com www.spiAbroad.com

TRAVEL TIPS NEWSLETTER

For Educators, Students and Friends

Festival Internacional del Globo

www.festivaldelglobo.com

The International Balloon Festival takes place in the Metropolitan Park in the city of Leon, Guanajuato, Mexico. Now established as the best and biggest such festival in Latin America, and one of the most important in the world, it gathers more than 100 aerostatic balloons, including specially designed figures.

The origins of balloon flight in Mexico go back to 1842, when Don Benito Leon Acosta took off from his native city in a balloon he himself built. He had planned to land in Dolores Hidalgo, but Leon Acosta found himself forced to alter his route, finally arriving in Rio Verde, San Luis Potosi. Achieving something never before seen in that time, Don Benito Leon Acosta, a proud Guanajuato native, became a national hero, writing his name in the history books as Mexico's first aeronaut.

Since its beginnings, the International Balloon Festival has featured the participation of world-renowned pilots and the attendance and acceptance of visiting enthusiasts.

November 2009

In this issue...

Cultural Recipes: Pumpkin Flan

Festival Internacional del Globo



Thanksgiving Twist on Mexican Dessert

Pumpkin Flan

Mexico

Ingredients

- 1/4 cup and 2 tbsp. sugar
- 1 (14 oz) can sweetened condensed milk.
- 1/2 (16 oz) can pumpkin
- 1/2 cup half-and-half
- 2 eggs
- 2 egg yolks
- 1/2 tsp. of brandy flavoring and ground cinnamon each
- 1/4 tsp. ground ginger and nutmeg each
- Toasted pecan halves



1. Sprinkle sugar into a 1 quart flan pan; place pan over medium heat to caramelize the sugar (it turns light brown), then cool.
2. Process condensed milk and the next 8 ingredients until smooth. Pour over caramelized sugar.
3. Place flan pan in large shallow pan. Pour hot water into the large pan.
4. Bake at 350 F for 40 minutes.
5. Cool the flan on a wire rack for 25 minutes, then cover and chill for 8 hours.